

Update on Implementing the Mental Health Strategy

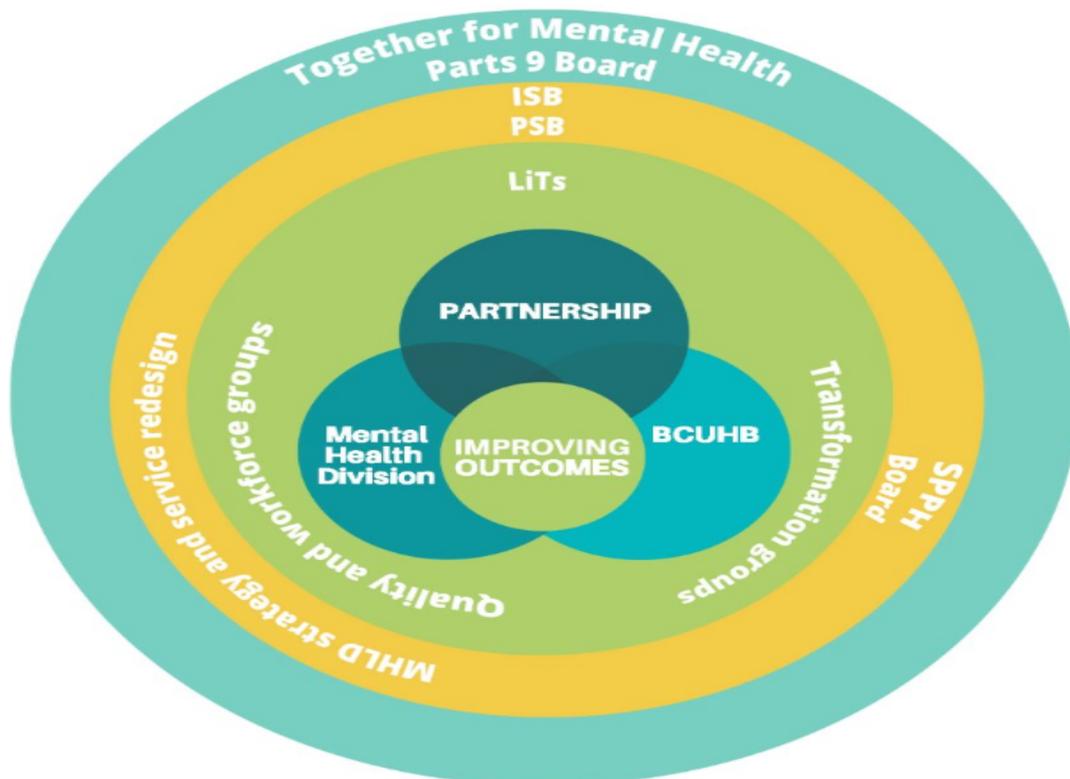
In support of the Together for Mental Health in North Wales strategy a 3 year delivery plan was developed that included the outputs, key activities, timescales and milestones that would contribute to the outcomes detailed within the strategy. See Appendix 1

The implementation of the Mental Health Strategy delivery plan is progressing well through the Local Implementation Teams and Quality & Workforce Groups working coherently to deliver the key objectives.

It is important to recognise the significance of the progress made in the establishment of the Local Implementation Teams (LITs) and Quality & Workforce Groups. The LITs are true partnership forums covering the 6 Local Authority areas and have representatives from many statutory organisations as well as the voluntary sector and people with lived experience of mental health. The Quality and Workforce groups are clinically led and work alongside the LITs to compliment the work being done at local level.

This model of partnership working is developing and maturing and will provide us with the solid foundations on which to truly transform mental health provision across North Wales.

The interplay within these groups is illustrated below:



Delivery Plan

The 3 year delivery plan outlined the key outcomes they included:

- To improve physical, emotional and mental health and well-being for all
- To target our resources to those with the greatest needs and reduce inequalities
- To support children to have the best start in life
- To work in partnership to support people – individuals, families, carers, communities – to achieve their own well being
- To improve the safety and quality of all services
- To respect people and their dignity
- To listened to people and learn from their experiences

It was recognised at the development stage of the strategy how important it was to work with wider partners in order to deliver the improved outcomes for the population of North Wales. This has been a key driver in the overall approach to the strategy and the implementation of the delivery plan.

The year one priority to eliminate all clinically unjustified out of area placements for mental health was expanded by the partners to become, changes to the way crisis and unscheduled care in mental health is managed. This priority has involved all groups considering what they need to be doing to drive the changes needed.

Local Implementation Teams

The LITs are examining some of the wider determinants of mental health such as housing, benefits, and the social conditions in which people live in our communities. They are currently analysing detailed information about some of their priority populations in order to better understand exactly how our services need to change to best meet their needs.

Initial work has thus focussed on scoping out and developing alternatives to hospital admission in the community, such as crisis cafes and sanctuaries, which can be co-delivered by our partners in the third sector. Once established, these will provide better community support for people in crisis and a more integrated pathway across our acute services.

Each LIT has also embraced the ICAN campaign which is rooted in local communities and led by a coalition of people who are passionate about achieving real and meaningful change for people affected by mental ill health. I CAN is being steered by people with lived experience of mental health problems, people working and volunteering in mental health services and those involved in local mental health charities.

The work undertaken by each of the Local Implementation Teams was used to inform a recent bid submitted regionally against the Parliamentary Review – Healthier Wales funding.

Quality and Workforce Groups

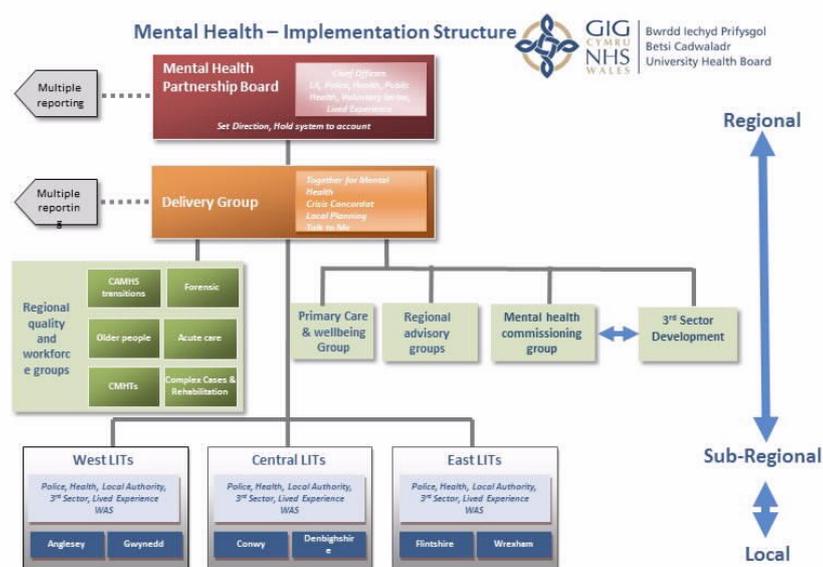
To support the work of the LITs, six Quality and Workforce Groups (Q&W) have been established, covering Forensics; Acute Care; Transition between CAMHS and Adult Mental Health; Community Mental Health Teams; Older People’s Mental Health, and; Rehab and Complex Cases.

The Q&W groups are using a range of evidence, including information provided by the LITs, to produce options for new models of working across our mental health services. This includes evaluating service pathways, looking at workforce implications and agreeing the professional standards required for new models of working.

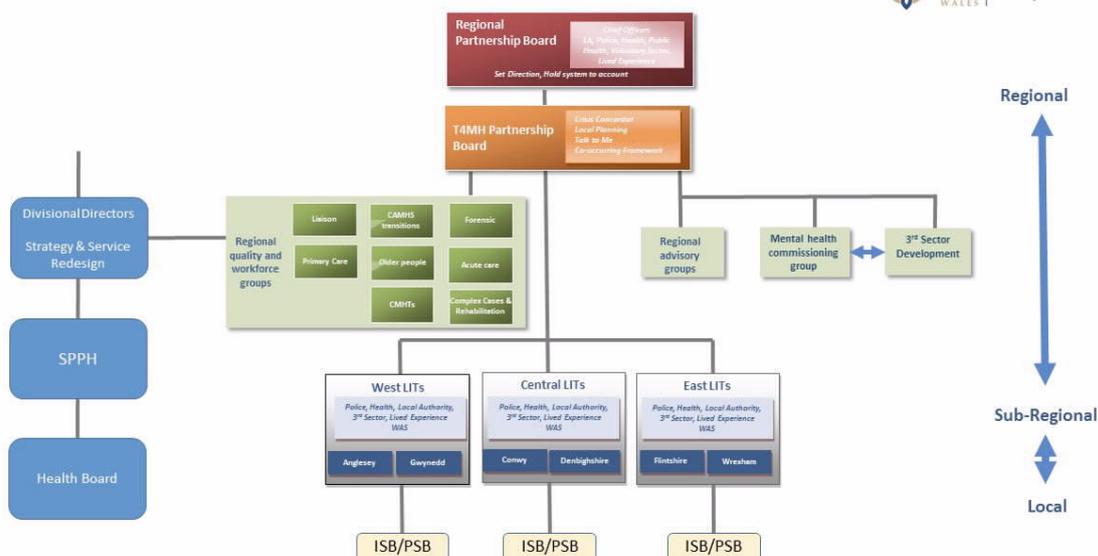
Governance

Following a discussion at the last Together for Mental Health Partnership Board it was agreed to revise the existing governance structure. The changes proposed are as a result of the Regional Partnership Board having mental health as a priority area, the

Together for Mental Health Partnership Board meeting more regularly and the LITs developing closer alignment to the PSB/ISB locally.



Mental Health – Implementation Structure



Next Steps

The Local Implementation Teams and the Quality and Workforce groups are all in the process of developing annual reports following an agreed template, see Appendix 2.

To support the next phase of implementation a workshop has been planned with the leads of the LITs and the Q&W groups. The workshop will focus on the next phase of priorities and also to work through the interdependencies between the different areas.

Development of the performance assurance framework to support the reporting on the delivery plan has been delayed but this is now well underway and should be completed for sign off at the next Together for Mental Health Partnership Board on 16th November 2018.